



# Sacred Heart Grammar School

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Principal:

Sr. Julie McGoldrick, M.Rel.Sc., B.Ed. Hons.

October 2018

Dear Parent / Guardian,

Society, media and peers are putting young people under pressure to make unhealthy choices in the areas of teenage sex, smoking, alcohol and drugs. These choices can have very serious consequences for them resulting in physical, mental and emotional harm as well as failure to reach their full potential.

Often parents find it difficult to cope with the varying messages their children receive and feel ill equipped to talk to them about the issues of choices, consequences and responsibilities in this area.

We are glad to be able to offer Love for Life to our students during this academic year and I trust that you, as a parent, will be supportive of the programme and the school as we seek to address this very important aspect of our students' education.

Our programme for all Year 11 students is scheduled for Tuesday 6<sup>th</sup> November at 11:00am – 1:00pm in St Clare's Hall.

The cost to pupils will be £2.00

Thank you for your support.

Anne McElhinney

Health Co-ordinator